Howling Bull 21 Covid measures.

Case rates are still high and there is still a real risk of transmission, especially in crowded indoor areas. With this in mind, we shall be limiting the time and numbers in the village hall this year.

Hot drinks and cake will be served from the rear door of the hall, so no need to come inside post race. Registration will be in the doorway, with queuing outside. Toilet queues will also be outside, with a ‘one in, one out system’. There will be a toilet monitor to make sure ‘everything runs smoothly’!

Please come with a facemask and be prepared to use it indoors. You are welcome to come inside for a bag drop, but not to ‘hang around’, especially in groups.

There will be sanitising handgel at registration, but it is recommended you bring your own small bottle, so you are self sufficient.

The presentation will also be outside. It may be wet, windy and cold, so come prepared with warm clothes and a smile!

Be aware of the risks and do not congregate in groups indoors.

It is a mass start, of around 150-200 runners. If you feel uncomfortable in a group that big, we will do a smaller starts, in 5 minute intervals after the mass start. The race will be chip timed, so you will not lose any time. Please indicate at registration if you would like to start in a smaller group.

Covid related statement:

I confirm that if I show or develop symptoms of Covid-19, and/or have had a recent positive Covid-19 test, or been in close contact with a person who has Covid-19 then I will not attend the event. In all cases I will take reasonable care to abide by the Covid-19 related regulations and guidance in force so as to mitigate virus transmission risks appropriately.